

ИНСТРУКЦИИ, КАК ВЕСТИ СЕБЯ В ЧРЕЗВЫЧАЙНЫХ СИТУАЦИЯХ

DETAILED INSTRUCTIONS on HOW TO BEHAVE IN EMERGENCIES



EMERGENCY NUMBER

112

When processing a call to the single number "112" using the interactive information and help system of voice answering machine to **connect to the operator you should press the corresponding keys:**



Fire and Rescue Service	1
Police	2
Emergency medical aid	3
Emergency gas service	4

CALLING EMERGENCY SERVICES FROM A CELL PHONE



Fire and Rescue Service — **101**
Police — **102**
Emergency Medical Service — **103**
Emergency gas service — **104**

CALLING EMERGENCY SERVICES FROM A LANDLINE PHONE:



Fire and Rescue Service — **01**
Police — **02**
Emergency Medical Service — **03**
Emergency gas service — **04**

REMEMBER!



The single emergency number 112 works free of charge even if you have no money on your account



When calling for help using the emergency numbers, you need to tell us:

- the reason for the call;
- your surname and first name
- your home address and telephone number.



Do not hang up the phone until the call is over!

CIVIL DEFENSE

PROCEDURE OF ACTIONS TO BE TAKEN BY THE POPULATION ON THE SIGNAL OF THE CIVIL DEFENSE (CIVIL DEFENSE) WHEN THEY ARE AT HOME

THE SIGNAL "ATTENTION TO ALL!"



ACCOMPANIED BY THE ACTIVATION OF SIRENS, INTERMITTENT BEEPS FOLLOWED BY SPEECH INFORMATION ABOUT THE CS SIGNAL

- WHEN YOU HEAR THE SIGNAL, TURN ON THE RADIO, TV AND LISTEN TO THE MESSAGE. ABOUT THE SITUATION AND THE ORDER OF ACTIONS.
- PASS THE INFORMATION RECEIVED TO YOUR NEIGHBORS.
- ACT IN ACCORDANCE WITH THE MESSAGE.

METHODS OF NOTIFICATION



ACTIONS OF THE POPULATION

- TURN OFF LIGHTS, GAS, WATER, HEATING APPLIANCES!
- CLOSE WINDOWS AND DOORS TIGHTLY!
- COVER GAPS AROUND DOORS AND VENTS WITH WET CLOTHS!
- TAKE DOCUMENTS, FIRST AID KIT, NECESSARY THINGS, FOOD AND WATER!
- IF NECESSARY, HELP CHILDREN AND THE ELDERLY!
- TAKE SHELTER IN THE NEAREST PROTECTIVE STRUCTURE, BURIED ROOM OR OTHER STRUCTURES UNDERGROUND, INCLUDING SUBWAYS!
- ARRIVE AT THE ASSEMBLY AREA!
- EVACUATE TO A SAFE AREA!

AIR ALERT



CHEMICAL ALARM



RADIATION DANGER



THREAT OF CATASTROPHIC FLOODING



SIGNAL "STOP!"



- RETURN TO YOUR PLACE OF RESIDENCE
- BE PREPARED FOR A POSSIBLE REPETITION OF THE CIVIL DEFENSE SIGNAL "ATTENTION ALL!"

HOW TO BEHAVE IN THE EVENT OF SHELLING



IF YOU ARE IN A BUILDING

GO DOWN TO THE BASEMENT, LOWER FLOORS, OR PARKING LOT OF THE BUILDING YOU ARE IN

IF THERE IS NO BASEMENT OR PARKING LOT



1. FIND A ROOM WITH LOAD-BEARING WALLS
2. SIT ON THE FLOOR AGAINST A CONCRETE WALL AND CROUCH DOWN
3. STAY AWAY FROM WINDOWS
4. THE SAFEST PLACE IN AN APARTMENT IS THE BATHROOM



IF YOU ARE OUTSIDE



1. DON'T PANIC!
2. IF YOU HEAR A SHELL WHISTLE, FALL TO THE GROUND AND COVER YOUR HEAD WITH YOUR HANDS
3. GO TO THE NEAREST BUILDING, UNDERPASS, OR PARKING LOT
4. IF THERE ARE NO BUILDINGS OR UNDERPASSES, CHOOSE A PLACE TO TAKE COVER (ANY HOLLOW/OVERHANG ON THE GROUND OR CONCRETE STRUCTURES)
5. STAY IN THE SHELTER UNTIL THE SHELLING STOPS

IF YOU ARE IN A CAR OR PUBLIC TRANSPORTATION



1. STOP THE CAR
2. CRAWL AWAY FROM THE VEHICLE
3. LOOK AROUND AND FIND MORE SECURE SHELTER - BUILDING ENTRANCES, UNDERPASSES, PARKING LOTS.
4. LIE ON THE GROUND.
5. 5. WHEN THE EXPLOSIONS STOP, RUN FOR COVER

AFTER THE SHELLING IS OVER



TAKE YOUR TIME TO GET OUT OF THE SHELTER



LOOK CAREFULLY UNDER YOUR FEET



DO NOT PICK UP UNEXPLODED ORDNANCE OR UNFAMILIAR OBJECTS FROM THE GROUND



KEEP CHILDREN CLOSE TO YOU